



Example Itinerary

# Building in Tanzania

\*The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, need of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the projects.

DAY NO.	WEEKDAY	TIME	ACTIVITY
1	Sunday	All day	ARRIVAL: Arrival all day. Pick up from the airport and transfer to accommodation
2	Monday	Morning	• Breakfast, followed by local area orientation of Arusha and project introduction.
		Afternoon	• Welcome lunch at a local restaurant, followed by a trip to the shops to change money and set up local phones. • Introduction to the placement and Building Project.
		Evening	• Dinner at host family
3	Tuesday	Morning	• Breakfast, followed by building work at the placement.
		Early Afternoon	• Lunch at home
		Afternoon	• Continue building work
		Evening	• Dinner and relax at home
4	Wednesday	Morning	• Breakfast, followed by building work at the placement.
		Early Afternoon	• Lunch at home
		Late Afternoon	• Swahili and cultural workshop
		Evening	• Dinner, followed by traditional drumming and dancing at Via Via
5	Thursday	Morning	• Breakfast, followed by building work at the placement.
		Early Afternoon	• Lunch at home
		Afternoon	• Continue building work
		Evening	• Dinner & games at host family
6	Friday	Morning	• Breakfast, followed by building work at the placement.
		Early Afternoon	• Lunch at restaurant
		Afternoon	• Continue building work
		Late Afternoon	• Shopping for supplies for safari
		Evening	• Dinner and an early night before the weekend activities
7	Saturday	All day	Trip to Tarangire National park for safari
8	Sunday	All day	Hiking to Meru Waterfalls
9	Monday	Morning	• Breakfast, followed by building work at the placement.
		Early Afternoon	• Lunch at home
		Afternoon	• Continue building work
		Evening	• Dinner and relax at home
10	Tuesday	Morning	• Breakfast, followed by building work at the placement.
		Early Afternoon	• Lunch at home
		Evening	• Local cooking class followed by dinner.
11	Wednesday	Morning	• Breakfast, followed by building work at the placement.
		Early Afternoon	• Lunch at home
		Afternoon	• Maasai cultural workshop
		Evening	• Dinner and games
12	Thursday	Morning	• Breakfast, followed by building work at the placement.
		Early Afternoon	• Lunch at home
		Afternoon	• Continue building work
		Evening	• Farewell dinner at home
13	Friday	Morning	• Breakfast, followed by building work at the placement.
		Early Afternoon	• Lunch at restaurant
		Afternoon	• Visit to snake park followed by souvenir shopping
		Evening	• Farewell dinner at local restaurant
14	Saturday	All day	Departures